

# The Manorette

Welcome  
*April*  
2025



## Activity News

Happy April! This month will be a busy month with lots of activities like the Easter egg hunts for our daycare and preschool! The residents just love seeing the little ones running around having fun! The weather is warming up a bit and we take every minute of sunshine (and no wind!) to spend out on the patio chasing away the winter blues. We have added some activities in the last month-crafty corner, happy hour (yes adult beverages) Mad Scientist and then added other choices if you're not interested in the main afternoon activity.



Happy April  
Birthdays!

Please Send a card to:  
**2-Roger Dotson**  
**21-Jim Black**  
**24-Marilyn Redfern**

Jeannie Goetzing-Adult beverages for activities

Marsha Lehman- Pipe cleaners

Janet Hess-Stuffed Buffalo

Deb Kuskie-Puzzles and Magazines

Josie & Andy-Baby Goat visits

Muffy Forney- Books

Twila Schilling- Easter Decorations

We truly appreciate everyone who donates items or your time for the residents.

**WE APPRECIATE YOU!**

## What is Easter?

Easter, a central Christian holiday, commemorates the resurrection of Jesus Christ, signifying his triumph over death and offering hope for eternal life to believers.

Here's a more detailed explanation:

### **The Foundation of Faith:**

The resurrection of Jesus, as described in the New Testament, is considered the cornerstone of the Christian faith.

### **Triumph over Death:**

Easter is celebrated as a victory over death, with Jesus's resurrection symbolizing the promise of eternal life for those who believe in him.

### **Hope and Renewal:**

For Christians, Easter represents hope, renewal, and the possibility of new beginnings through faith in Christ.

### **Holy Week:**

The week leading up to Easter, known as Holy Week or Passion Week, includes events like Palm Sunday, Maundy Thursday (the Last Supper), and Good Friday (Jesus's crucifixion).

### **Easter Sunday:**

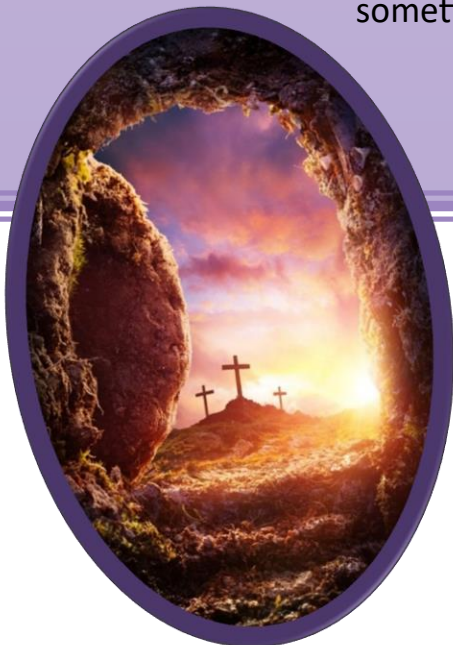
Easter Sunday is the day Christians celebrate Jesus's resurrection, marking the end of Holy Week and the beginning of a new season of hope and joy.

### **Biblical Basis:**

The New Testament accounts of Jesus's death and resurrection are the foundation for the Christian celebration of Easter.

### **Easter Traditions:**

While the primary focus is religious, Easter traditions include church services, prayers, and sometimes family gatherings and meals.



### **Easter Eggs**

Christianity retained the egg as a symbol of Easter, its major springtime celebration. It now symbolised the risen Christ emerging from the tomb. Eggs were painted with religious symbols: the triangle representing the Father, Son and Spirit was very common, as were pictures of Jesus emerging from the tomb.



HAHA



## Laugh It Off



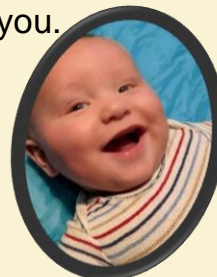
You may be laughing until it hurts, but that laughter is doing some powerful healing. Pull up a chair next to the class clown or the office cutup because April is Humor Month.

Humor may be one of the oldest and most effective methods of social bonding. No matter what your culture or background, all laughter sounds the same. Better yet, studies show that the more you laugh, the more attractive you become to the opposite sex... or perhaps that's just a joke?

Most laughter doesn't come from listening to jokes. Most laughter comes from spending time with friends and family. Furthermore, people tend to laugh more when they're in groups. Laughter truly is contagious. In fact, laughter strengthens immune systems by increasing infection-fighting antibodies.

Doctors have become wise to the positive health effects of laughter. Laughter has been shown to decrease blood pressure, improve the function of blood vessels, increase blood flow, and decrease hormones associated with stress. Laughter even reduces pain by stimulating the release of endorphins. One doctor believes laughing is such good exercise that he calls it "internal jogging." One minute of laughing, he says, is equal to 10 minutes on a rowing machine.

Laughter is not just good for the body; it's also good for the mind. Humor stimulates creativity, improves problem-solving abilities, enhances memory, and teaches resilience. All April long, make sure to take "laughter breaks" every day. Avoid the news and instead watch a sitcom or funny movie, read the daily comics, perform a sight gag, tell a joke, play games, spend time with children, and most importantly, do these things with friends. Hoot and holler with reckless abandon, and your body will thank you.



### April Trivia

It is thought that the name April comes from the Latin word "to open" and describes the trees opening at springtime.

Zodiac signs: **Aries & Taurus**

Birthstone: **Diamond**

Flower: **Daisy & Sweet Pea**



Earth Day, celebrated annually on April 22nd, is a global day focused on raising awareness and promoting action to protect the environment and our planet. It encourages people to learn about environmental issues and take steps to make the planet a healthier place.

- **Origin and History:**

The first Earth Day was held in 1970, inspired by the student anti-war movement and growing concerns about pollution, and it led to the creation of the Environmental Protection Agency (EPA) and the passage of key environmental laws.

- **Global Movement:**

Today, Earth Day is a global movement with events and activities taking place in over 192 countries, aiming to unite people in their efforts to protect the environment.

- **Focus and Themes:**

Earth Day has various themes each year, focusing on different environmental issues, such as climate action, plastic pollution, and renewable energy.

- **Activities:**

Earth Day celebrations include various activities like clean-up events, tree planting, educational workshops, and advocating for environmental policies.

- **Importance:**

Earth Day serves as a reminder of the importance of environmental protection and encourages individuals, communities, and governments to take action to address environmental challenges.

- **2025 Theme:**

The theme for Earth Day 2025 is "OUR POWER, OUR PLANET," focusing on renewable energy and the need to triple global clean electricity generation by 2030.

WOW!

**April 15, 1770:** The Pencil Eraser

On this day, Joseph Priestley discovered that rubber could erase pencil marks. This simple invention changed the way people write and correct their work. Before erasers, people used bread crumbs to remove mistakes! Today, the pencil eraser remains a small but mighty tool in classrooms, offices,

## THE BASIC RULES FOR CLOTHESLINES:

You have to be a "certain age" to appreciate this one....I can hear my mother now.....

1. You had to hang the socks by the toes... NOT the top.
2. You hung pants by the BOTTOM/cuffs... NOT the waistbands.
3. You had to WASH the clothesline(s) before hanging any clothes - walk the entire length of each line with a damp cloth around the lines, because the lines might have been dirty, and leave marks on the clean clothes you pegged there.
4. You had to hang the clothes in a certain order, and always hang "whites" with "whites," and hang them first.
5. You NEVER hung a shirt by the shoulders - always by the tail! What would the neighbors' think?
6. Wash day on a Monday! NEVER hang clothes on the weekend, or on Sunday, for Heaven's sake!
7. Hang the sheets and towels on the OUTSIDE lines so you could hide your "unmentionables" in the middle (perverts & busybodies, y'know!)
8. It didn't matter if it was sub-zero weather... clothes would "freeze-dry."
9. ALWAYS gather the clothes pins when taking down dry clothes! Pins left on the lines were "tacky"!
10. If you were efficient, you would line the clothes up so that each item did not need two clothes pins, but shared one of the clothes pins with the next washed item.
11. Clothes off of the line before dinner time, neatly folded in the clothes basket, and ready to be ironed.
12. IRONED???! Well, that's a whole OTHER subject!





## Resident Reminisce

### As told by Gladys “Joan” Kollars



Gladys “Joan” Blust” Kollars was born to John and Gladys Blust in Hot Springs, South Dakota. The family lived in Whitney, Nebraska. Joan says they “attended” to livestock, sheep and cows. Joan went to country schools for elementary and then graduated from Alliance High School.

Joan then pursued college at Chadron State College and graduated with a Master’s in Education. She traveled to Seattle, Washington to teach for a couple years and then she returned to Whitney, Nebraska and taught school south of Chadron for 5 years.

She also taught in Alliance grade schools for a couple years. She was involved with the Box Butte County Superintendent of Schools and Administration ESO in Box Butte.

Joan met Richard Kollars in Alliance, Nebraska. Joan’s landlord and Richard’s landlord introduced them to each other and the dating began. They dated for about a year and a half before they got married in the only church in Whitney, Nebraska. They honeymooned in Niagara Falls, New York. Fond memories of enjoying lots of scenery and it was quite an exciting time for them. They were married for 57 years. Richard worked for the Soil Conservation Office. They lived in Whitney, Nebraska where Richard took over the ranch responsibilities.

Joan quotes “Then kids came along and the world changed, happily, for most of the time, though”. Their marriage was blessed with 2 boys, Tim and Ron and 2 girls Patty and Leisa. Patty was born on Joan’s birthday and Tim was born the day before her birthday. After the kids came along, Joan became a house wife/ranch wife. She loved being outside and really enjoyed the windrowing.

Looking back Joan says she was probably a strict teacher back in the day and she has fond memories of her teaching days.



Sue, Ron,  
Madeline



Rachael, Leisa, Ariana,  
Rich



Patty &  
Joel



March



Happy Birthday



SO CUTE



MARDI GRAS



LET'S MAKE A Bird feeder



MEN'S LUNCH  
YA GOTTA EAT

