

The Manorette

November 2025

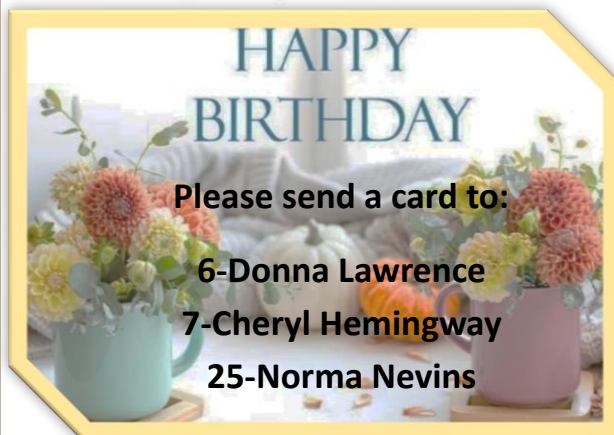


Helen Honstien-Bingo prizes
Marsha Lehman- Napkins
Phyllis & James Krotz-Pumpkins
Ed Vodicka Family-Flowers
Mel Strasburger-Stepping in for Church

Senior Center- Donuts

Thank you to everyone who gives your time or donates to our residents, you are helping to enrich their lives in many ways.

WE APPRECIATE YOU!



QUOTE OF THE DAY

“The only way to do great work is to love what you do.”

-Maya Angelou



The Meaning of Veterans Day



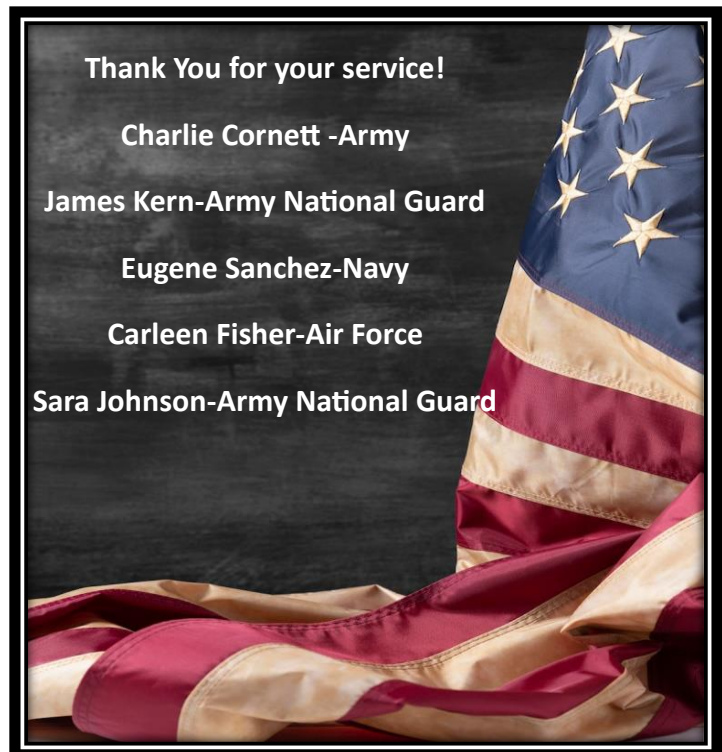
Veterans Day, observed annually on **November 11**, is a national holiday dedicated to honoring all men and women who have served in the **Armed Forces of the United States**. It is a day to express profound gratitude for their courage, sacrifice, and unwavering commitment to the defense of our nation.

The observance originated as **Armistice Day**, commemorating the end of **World War I**. The armistice that brought the conflict to a close took effect on November 11, 1918, at the eleventh hour of the eleventh day of the eleventh month. In 1954, following World War II and the Korean War, Congress amended the commemoration to **Veterans Day** in order to honor American veterans of all wars.

It is important to note that Veterans Day differs from **Memorial Day**, which is dedicated to honoring those who lost their lives in military service. Veterans Day recognizes **all veterans**, both living and deceased, and especially offers appreciation to those still among us who served honorably in the United States military.

Across the nation, Veterans Day is marked by **ceremonies, parades, and public tributes**. Schools, civic organizations, and communities come together to acknowledge the valor and dedication of those who have defended freedom throughout the country's history. These observances provide opportunities to reflect on the meaning of service and to ensure that the contributions of our veterans are never forgotten.

On this solemn day, we extend our deepest thanks to all who have served. Their devotion, strength, and patriotism continue to inspire the nation and uphold the ideals upon which the United States was founded.





Talkin' Turkey (and Chickens)



When it comes to barnyard birds, turkeys and chickens rule the roost, but not in the same way. November might be the turkey's time to shine (or roast), but chickens hold their own all year long.

Let's start with turkeys. Wild ones can fly—surprisingly fast and far, actually—and they sleep in trees. They're also pretty clever at dodging predators and, yes, humans. Domesticated turkeys, on the other hand, aren't quite so nimble. Their flashy fans and “gobble gobble” calls are iconic this time of year, but only the males gobble; females stick to more modest clucks and chirps.

Chickens, meanwhile, are the overachievers of the coop. They come in all sorts of breeds, from poofy-headed Polish chickens to speckled Sussex. They each lay about 250–300 eggs a year, which is pretty impressive considering they're also known to chase bugs, peck your shoelaces, and form complicated social hierarchies. In fact, chickens have become so popular that many people now keep them in their backyards. Urban and suburban chicken-keeping has taken off in recent years, with folks raising hens not just for fresh eggs but also for their quirky personalities and surprisingly therapeutic company. You don't need a full farm—just a small coop, a little space, and a willingness to embrace a bit of daily chicken drama.

As for turkeys and Thanksgiving, the tradition dates to the 1800s, when turkey became the centerpiece partly because it was large enough to feed a crowd and not typically used for eggs or milk like other livestock. These days, though, more people are switching things up—serving roast chicken, Tofurky, lentil loaf, or lasagna layered with roasted squash for Thanksgiving's main course. Some people even decide on breakfast-for-dinner, with stacks of pancakes and cozy casseroles taking center stage. Whether you prefer a traditional meal or trying something new, the spirit of the holiday isn't in the bird—it's in the gathering. No matter what's on the plate, it's the company that counts.



Love the Skin You're In

As the weather turns dry and cold, those at the American Academy of Dermatology start to worry about the season's harsh effects on our skin. To encourage us all to take healthy precautions, the academy has dubbed November Healthy Skin Month. Protecting our skin is no small task. The skin, after all, is the body's largest organ. The average adult wears about 20 square feet worth of it! It keeps us waterproof and shields us from germs. It acts as an air conditioner when we're hot and a blanket when we're cold. It makes vitamin D, which allows our bodies to absorb calcium and strengthen our bones. One square inch of skin contains more than 70 feet of nerve fibers, making our sense of touch one of our most important senses for interacting with and understanding the world around us. With so many important jobs to do, it's no wonder keeping our skin healthy is a top priority.

The Mayo Clinic offers five easy tips for keeping skin in tip-top shape:

- 1. Protect yourself from the sun.** Use sunscreen, wear protective clothes, and seek shade when the sun's rays are strongest, between 10 a.m. and 2 p.m. (Vitamins A and B3 can help counteract sun exposure.)
- 2. Don't smoke.** Smoking decreases blood flow in the skin, depleting it of oxygen and other nutrients. Smoking also damages the fibers that keep skin strong and ward off wrinkles.
- 3. Be gentle.** Shave in the direction **your** hair grows, not against it. Use gentle cleansers, avoid hot water (which can remove essential oils), and apply a moisturizer with sunscreen.
- 4. Eat well.** A diet full of fruits, vegetables, whole grains, lean proteins, and vitamin C improves not just your skin but overall health.
- 5. Manage stress.** Avoid breakouts by not overwhelming yourself and exercising regularly.



Full Steam in Small Scale

November is Model Railroad Month, and boy, have model trains come a long way! In the earliest days of model trains, there were no standardized scales. Serious hobbyists and manufacturers eventually teamed up to produce officially scaled trains and parts, allowing modelists to create vast layouts that mirror real places and historical periods to the tiniest detail. Different scales call for different layouts. HO scale is the most popular, with cars often no longer than a pencil. This makes HO-scaled trains perfect for indoors. G-scaled trains are larger and more durable, great for outdoor garden exhibits. O-scale trains fall right in the middle—large enough to highlight detail and small enough for little hands, making them the classic choice to run 'round the Christmas tree.



DID YOU KNOW?

November is often associated with the arrival of the “Movember” movement. During this time, men grow mustaches throughout the month to raise awareness for men’s health issues, including prostate cancer, testicular cancer, and mental health.

OCTOBER BIRTHDAYS







Movember Word Search

A	B	A	W	A	R	E	N	E	S	S	C
M	B	R	T	Y	G	R	O	W	D	O	A
S	E	W	A	C	A	M	P	A	I	G	N
U	A	D	D	H	S	D	R	M	F	K	C
P	R	E	V	E	N	T	I	O	N	G	E
P	D	A	O	C	I	K	B	V	O	B	R
O	Q	H	C	K	U	O	B	E	I	S	E
R	W	E	A	U	F	L	O	M	U	W	R
T	G	A	C	P	M	E	N	E	P	V	T
V	T	L	Y	P	O	Y	M	N	T	B	Y
B	H	T	C	H	A	R	I	T	Y	M	U
K	M	H	Z	M	U	S	T	A	C	H	E

Find and circle the words related to **Movember** below

- MUSTACHE
- HEALTH
- MOVEMENT
- MEN
- AWARENESS
- CHARITY
- CAMPAIGN
- GROW
- SUPPORT
- RIBBON
- CHECKUP
- BEARD
- ADVOCACY
- PREVENTION
- CANCER



In Loving Memory



Edward Vodicka

March 27, 1940 — October 5, 2025

Edward J Vodicka, age 85, passed away on Sunday October 5th, 2025 at Pioneer Manor Nursing Home in Hay Springs, Nebraska.

Edward was born to Ed and Jennie Kutschara Vodicka on March 27th, 1940 southeast of Hay Springs Nebraska and joined a sister Annabelle. He attended school in Rushville graduating in 1957, excelling in football, basketball, and track. He worked construction jobs for two years. In 1960 he started farming and ranching on the Bill Coffey farm. In 1961 he married Glenna (McKinnon) and moved to the farm. On this farm he and his wife raised two daughters and one son. Later they bought the farm and some adjoining land. Edward really enjoyed farming and keeping his fields neat and free of weeds. He was still driving the tractor working summer fowl before his last illness. He also worked at the Sheridan Livestock Market on sale days. He later became a regular attendant at the coffee hour at Frontier Service. He and his friends shared many stories, probably some exaggerated!

Edward is survived by his wife Glenna of 64 years. Son Joseph (Liz) Vodicka St. Onge, SD and daughter Jan (Greg) Niemack, Loveland, CO. Grandkids Alisha Vodicka, Aurora, CO., Brad (Cammie) Vodicka Cherry Hills Village, CO., Andrew Niemack Loveland, CO., Courtney (Ryan) Manning of Loveland, CO., Benjamin (Louise) Etuk Santa Fe, NM., Jon Etuk of Espanola NM. Ed was very proud of his 13 great grandchildren Lillian, Brady, Hays, Nella, and Tate Vodicka, Maliyah Vodicka, Miles Manning, Ashley Romero, Bennie and Abigail Etuk, Sydnee, Emma and Jonas Etuk.

Edward was preceded in death by his parents Ed and Jennie Vodicka, parents in-law Tommie and Marie McKinnon. Daughter Wendy Etuk and son in law Ben Etuk. Sister, Ann Heinen, nephew John Heinen, and brother-in-law Glenn McKinnon.

Donations in lieu of flowers. A memorial has been established for Pioneer Manor Nursing Home or the Rushville Ambulance fund.

Services will be held on Tuesday October 14th at 10:00 a.m. at Rushville United Methodist Church.



In Loving Memory

Steve Lecher

September 8, 1943 — October 2, 2025



Stephen Lecher, beloved husband, father, teacher, and car salesman, passed away peacefully on October 2, 2025, at the age of 82, leaving behind a legacy of perseverance and inspiration to everyone who knew him.

From the very beginning, Steve was a gift to his family. Born without arms, he never let his physical limitations define him. Instead, he defined himself—through strength of character, a zest for life, and a deep love for family, children, and friends. His spirit was a light that brought joy not only to those closest to him, but to everyone he met.

Steve attended Kenwood Elementary and graduated from Assumption Academy in 1961, where he was actively involved as a class officer, on the annual staff, and in the glee club and choir. His school years were marked by strong friendships and an early sense of leadership and service.

During summers, Steve could often be found working in the fields for a local farmer—harvesting crops and driving a tractor. His determination and strong work ethic were evident from a young age.

On September 10, 1966, he married the love of his life, Diane Gray. Together, they raised two sons, Brian Lecher and Jeff Lecher.

Steve studied at Chadron State College, earning his teaching certificate. He began his teaching career at Thomsen Country School (K–8) in Oelrichs, South Dakota, and later taught at Vinton School in the Nebraska Sandhills, where he worked alongside close friends Terry Cogdil and their wives, Diane and Betty. Steve found great joy in teaching and left a lasting impression on countless young lives.

Following his years in education, Steve became a Case Manager at the Department of Labor in Loup City, Nebraska. One of his favorite parts of the job was helping high school students find part-time summer jobs—supporting their first steps into the workforce.

Eventually, Steve and Diane returned to Chadron, where they opened Tommy's Car lot with their family—a new chapter that allowed him to stay connected with people in a different, yet equally meaningful, way. Steve sold many vehicles over the years, and he always remembered the person, their story, and the make and model of the vehicle. His relationships with customers often turned into lifelong friendships.

Those who knew Steve remember his sense of humor, his easy smile, and his deep, abiding faith in others. Whether in a classroom, a wheat field, or behind a desk, Steve gave his full self—and always had a good story to tell.

Steve is survived by his loving wife, Diane; his sons, Brian (Amber) Lecher and Jeff Lecher; and his seven grandchildren: Brady (Krysta) Lecher, Kiaya Lecher, Emily Lecher, Tommy Lecher, Isabella Lecher, Madalyn Lecher, and Sabrina Lecher. He also leaves behind a host of friends who were lucky enough to have known him.

He was preceded in death by his parents, Tommy and Fern Lecher; and siblings LaWayne Sides, Wayne Sides and Bernard Lecher.

Visitation will be held at St. Patrick's Church on Thursday, October 9, at 7:00 p.m. A memorial service will take place on Friday, October 10, at 10:30 a.m., also at St. Patrick's Church in Chadron, followed by burial at Calvary Cemetery and a Celebration of Life at the American Legion.



