

The



Manorette

February

2026



Thank you!

Audrey Heimbegner and her daughter Charlene-small stuffies for Bingo Prizes

Michele Shafer-Book Marks

Jean Trucano-Stuffed animals for Bingo Prizes

Andrea Scandrett-Snacks for staff

We just want to say Thank You to Everyone who gives to our residents whether it is time, talent, or donations.

WE APPRECIATE YOU!

SO GRATEFUL FOR YOU

Happy February Birthdays!

Please send a card to:

1-Fran Platt

7-Charlie Cornett

20-Nadean Maiden



♥ HAPPY Valentine's DAY ♥



Our Deepest Sympathy

Eleanor Strang

December 4, 1938-January 12, 2026

Mary Wolvington

January 8, 1933-January 18, 2026

John Schleicher

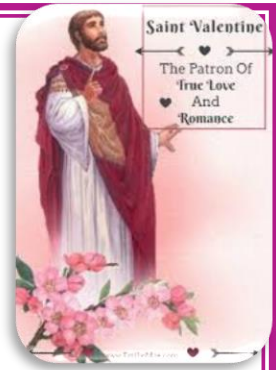
April 11, 1942-January 22, 2026

Avis Summerville

January 7, 1938-January 27, 2026



History of Valentines Day



Valentine's Day has roots that stretch back to ancient Rome. One early influence was **Lupercalia**, a mid-February festival celebrating fertility and the coming of spring. As Christianity spread, the church gradually replaced this pagan celebration with a feast day honoring **St. Valentine**.

There were actually several martyrs named Valentine, but the most popular legend tells of a priest who secretly performed marriages for young couples when marriage was banned by the emperor. He was imprisoned and executed on **February 14**, and over time became associated with romantic love.

By the **Middle Ages**, Valentine's Day was firmly linked to romance, especially in England and France, where people believed birds began pairing up in mid-February. Poets like **Geoffrey Chaucer** helped cement the idea of the day as a celebration of love.

In the **19th century**, exchanging handwritten notes evolved into mass-produced Valentine cards, and today the holiday is widely celebrated with cards, flowers, chocolates, and gestures of love – not just for romantic partners, but for friends and family too.



Flower – Violet



While roses are commonly associated with Valentine's Day, violets are the traditional flower to give on February 14. Legend has it that while imprisoned by the Romans, the Christian priest Saint Valentine used crushed violet petals as ink to write secret notes of love and friendship. Thus, violets came to symbolize faithfulness and love. In addition to its decorative charms, this lovely little flower can be used in foods like salads, smoothies, and sweets.

FEBRUARY

AMERICAN HEART MONTH

LOVE YOUR HEART

- MANAGE BLOOD PRESSURE
- CONTROL CHOLESTEROL
- QUIT SMOKING
- REDUCE BLOOD SUGAR
- EAT WELL
- GET ACTIVE
- CONTROL WEIGHT

Birthstone – Amethyst



February's birthstone is amethyst, a purple variety of quartz. The stunning stone has been prized for thousands of years for its beauty and perceived mythical powers.

Amethysts were buried with Egyptian pharaohs and in the caves of Neolithic man. In the Middle Ages, amethysts were worn to protect against sorcery and bring victory in battle. The name comes from the Greek word amethystos, meaning "not drunk," as the violet stone was thought to prevent intoxication.

In the Good Old Days

In February 1960: The average annual income was \$5,620.

The average new home price was \$16,500.

A gallon of milk cost \$0.49.

A dollar then is roughly equivalent to \$10.91 today.

In February 1980: The average annual income was \$17,710.

The average new home price was \$76,400.

A gallon of milk cost \$2.16.

A dollar then is roughly equivalent to \$3.92 today



Animal of the Month – Great Horned Owl



The majestic great horned owl is one of the most common— and biggest—owls in North America. These large, powerful, adaptable raptors live in a wide range of habitats, from wetlands and forests to deserts and urban areas. They make their homes in abandoned nests, holes in trees, cliff ledges, or on buildings or other man-made structures. You can spot a great horned owl by its bright yellow eyes and distinctive tufts of feathers that look like long, pointy ears. Great horned owls are often seen as symbols of strength, bravery, wisdom, and grace, and they like to perch on tree branches or fence posts adjacent to open fields, where they can search for prey. They are silent flyers and adept predators, feeding on creatures large and small, including skunks, bats, geese, cats, porcupine, rats, loons, fish, woodchucks, certain reptiles, and even scorpions. They sometimes eat other owls, too!



Our favorite facts about: VALENTINE'S DAY

MGIC

about

8 BILLION
conversation hearts
are produced every year

-Source: National Confectioners Association

11 of the Worst Valentine Gifts

1. Novelty toilet paper
2. A scale
3. A roll of quarters
4. Gym membership
5. Roses made out of duct tape
6. Key-chain that says "I love you more than bacon"
7. Heart-shaped pizza
8. A mop with a bow
9. A cactus
10. A vacuum cleaner
11. Acne cream

-Source: MGIC Marketing staff



On average, humans spend **\$26** on their PETS for Valentine's Day.

-Source: BING

GIFTS most given on Valentine's Day

Candy	47.5 %
Flowers	34.3 %
Cards	52.1 %
Jewelry	17.3 %
Dining Out	34.6 %
Clothing	14.4 %
Gift Cards	12.6 %
Other Gifts	11.2 %

-Source: Statisticbrain.com

58 MILLION pounds of chocolate candy are sold during Valentine's week & more than

36 million heart-shaped boxes

1868

The first Valentine's Day box of chocolates was introduced by Richard Cadbury

-Source: History.com

180 Million cards

are exchanged on Valentine's Day

-Source: Statisticbrain.com



ROSES

are the most popular FLOWERS on Valentine's Day:

- 63% Red
- 27% Pink
- 26% White
- 20% Mixed
- 18% Purple
- 15% Yellow
- 13% Peach
- 11% Orange

-Source: aboutflowers.com

TEACHERS receive the most VALENTINES

YOU RULE!

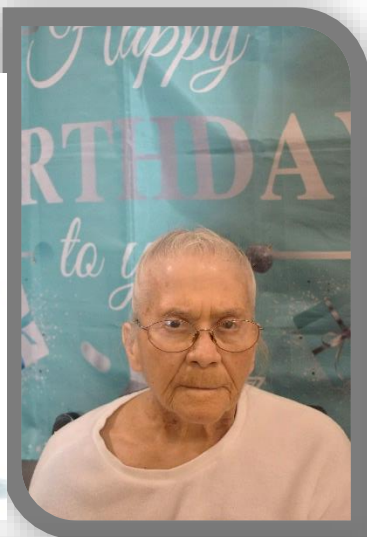
-Source: Hallmark research cards

February National Holidays

- | | |
|---|--|
| February 1: Decorating with Candy day! | February 15: National Hippo Day |
| February 2: Groundhog Day | February 16: Almond Day |
| February 3: Bubble Gum Day | February 17: Random act of kindness day |
| February 4: Sweater Day | February 18: Thumb Appreciation Day |
| February 5: Chocolate Fondue day | February 19: Chocolate Mint day |
| February 6: Pay a compliment day | February 20: Love your Pet Day |
| February 7: Fettucine Alfredo day | February 21: Language Day |
| February 8: Kite flying day | February 22: Walk the Dog Day |
| February 9: Pizza Day | February 23: Banana Bread Day |
| February 10: Umbrella Day | February 24: Tortilla Chip Day |
| February 11: Make a friend day | February 25: Quiet Day |
| February 12: National Hug Day | February 26: Carnival Day |
| February 13: Self-Love Day | February 27: The Big Breakfast Day |
| February 14: Valentine's Day | February 28: Public Sleeping Day |
| | February 29: Leap Day |



JANUARY Birthdays



Happy Birthday





Living Happy

